



### Run Shorts - Size charts

Men	S	M	L	XL	2XL	3XL
Length (cm)	28.5	29.5	30.5	31.5	32	32.5
To Fit Waist (cm)	74-90	78-94	80-96	84-100	86-102	90-106

Women	6	8	10	12	14	16	18	20	22
Length (cm)	20.5	21	21.5	22	22.5	23	23.5	24	24.5
To Fit Waist (cm)	64-78	68-82	72-86	77-91	82-96	86-100	90-104	94-108	98-112

Youth	8Y	10Y	12Y	14Y	16Y
Length (cm)	19.5	20	20.5	21	21.5
To Fit Waist (cm)	58-74	60-76	62-78	64-80	66-82

Variations +/- 2cm

The sizing on the chart is the actual measurement of the garment itself.

When choosing your garment sizes, the best idea is to find a garment you currently have in a size that is comfortable. Then measure the garment across the chest then refer to our size chart - just choose a size the same measurement.